





www.SCIACT.org

MISSION STATEMENT

The mission of the Connecticut Spinal Cord Injury Association (SCIACT) is to support those with spinal related injuries or diseases and their families by being an advocate for their rights while serving as a resource to its members and the general public.

The SCIACT will provide individual support and furnish information to afford greater awareness of disabilities, spinal cord research, prevention and education. In addition, the SCIACT will provide activities and events

with the goal of empowering its members.

ADVOCACY ORGANIZATIONS

Access Independence (AI)

http://www.Accessinct.org (203) 378-6977 (Stratford)

Center for Disability Rights

<u>https://cdr-ct.org/</u> (203) 934-7077 (West Haven)

Christopher and Dana Reeve Foundation

http://www.ChristopherReeve.org (973) 467-8270

CT Wheelchair Reform Coalition

Wheelchair repair complaints

Independence Unlimited

<u>https://www.independenceunlimited.org</u> (860) 523-5021 (Hartford)

More Than Walking https://www.morethanwalking.com (203) 907-5909

Spinal Cord Injury Association of Connecticut (SCIACT) <u>http://www.sciact.org/</u> (203) 284-2910

United Spinal Association

<u>https://www.facebook.com/wheelchairre</u> <u>form</u>

Disabilities Network of Eastern

Connecticut (DNEC)

<u>http://www.dnec.org</u> (860) 823-1898 (Norwich) <u>http://www.unitedspinal.org</u> (718) 803-3782

Amy's Angels

<u>https://www.amysangels.org/</u> (860) 919-9276

Independence Northwest (IN)

<u>http://www.Independencenorthwest.org</u> (203) 729-3299 (Naugatuck)

PEER SUPPORT GROUPS

Gaylord Hospital - SCI Support Group

tkilbride@gaylord.org (203) 284-2875 In-person & Online **4th Wednesday of every month 4:30-5:30**

Hospital For Special Care - SCI Support Group (860) 827-1958 x2924 Online

3rd Thursday of every month 3:30-4:30

Mount Sinai Hospital - SCI Support

United Spinal Association - Virtual Support Groups <u>https://unitedspinal.org/virtual-support-</u> <u>groups/</u>

Reeve Foundation - Virtual Support Groups <u>https://www.christopherreeve.org/today</u>

<u>s-care/get-support/reeve-foundation-</u> <u>virtual-support-group/</u>

Group

pmccullo@trinityhealthofNE.org (860) 714-2421

In-person

3rd Wednesday of every month 4:30-6:30

EQUIPMENT & SUPPLIES

Access NSM - National Seating and Mobility

<u>https://accessnsm.com</u> (860) 666-7500

Numotion

<u>http://www.numotion.com</u> (860) 761-0700

New Britain Medical Supplies

<u>http://www.NewBritainmedicalsupplies.com</u> (866) 598-4296

New England Assistive Technology (NEAT) Center at Oak Hill **180 Medical Supply** <u>https://www.180medical.com</u> (877) 688-2729

Sportaid <u>https://www.sportaid.com</u> (800) 743-7203

National Seating and Mobility

<u>https://www.nsm-seating.com/</u> (860) 666-7500

https://Assistivetechnology.OakHillCT.org

(860) 242-2274

HOME EQUIPMENT AND MODIFICATIONS

Lifeway Mobility

https://www.lifewaymobility.com (860) 880-1822

Bullock Access

https://www.Bullockaccess.com (860) 870-7444

Collins Accessibility Solutions

https://www.collinsaccessibilityct.com (203) 418-2073

Connecticut Access Remodeling

(203) 631-1212

Access NSM – National Seating and Mobility <u>https://www.nsm-</u> <u>seating.com/accessibility/</u> 860-821-5100

RIGHTS & SOCIAL SERVICES

Disability Rights (DRCT)

<u>https://www.disrightsct.org</u> (860) 842-7303

Social Security Disability Benefits

<u>https://www.ssa.gov/benefits/disability</u> (800) 772-1213 TTY (800) 325-077

CT State Department of Aging and Disability Services

<u>https://Portal.Ct.gov/Aginganddisability/</u> <u>Content-pages/Main/apply-for-services</u> (888) 992-8637

Money Follows the Person

<u>https://portal.ct.gov/dss/health-and-</u> <u>home-care/money-follows-the-person-</u> <u>program/money-follows-the-person-</u> <u>program</u> (888) 992-8637

The Assistive Technology Loan Program (ATLP) <u>http://CttechAct.com</u>

(860) 424-5619

Powerful Tools for Caregivers

https://www.PowerfulToolsforCaregivers.



RECREATION & FITNESS

The Sports Association of Gaylord Hospital

https://sportsassociation.gaylord.org/ (203) 284-2772

Hospital for Special Care - Adaptive Sports Program

<u>https://hfsc.org/sports-and-</u> <u>fitness/adaptive-sports-program/</u> (860) 832-6220

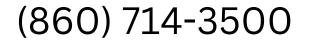
The Connecticut Adaptive Rowing Program (CARP) <u>https://www.msrh-ct.org/msrh_carp</u>

Chapter 126 Sports and Fitness Center

<u>https://sportsandfitness.oakhillct.org/</u> (860) 243-2869

Moving with H.O.P.E.

https://www.movingwithhope.org/ (203) 513-8424



ADAPTIVE DRIVING

Advanced Wheels of Technology - East Granby and East Haven, CT

https://www.advancedwheels.com (860) 653-8064

Mobility Works

https://www.mobilityworks.com/ (860) 282-8202

BRS Driver Training Program for Persons with Disabilities (DTP)

<u>https://portal.ct.gov/aginganddisability/c</u> <u>ontent-pages/programs/driver-training-</u> <u>program</u>

Easterseals Mobility Center

https://www.easterseals.com/waterburyc t/programs-and-services/driverassessment-program/ (203) 630-2208



MD/CARE

SCI Physiatrists

Dr. Rosenblum- Gaylord Hospital Dr. Subramani Seetharama- Hartford Healthcare

Dr. Natalie Sajkowicz- Hospital for Special Care- New Britain

Dr. Greg DeGruchy Hartford Healthcare-South Windsor

Respiratory Services

Dr. John Votto- Hospital for Special Care

Wound Care Clinics/Lymphodema

Dottie Leighton APRN- Hospital For Special Care

Hartford Healthcare Wound Care Center at

Spasticity, Baclofen Pump Installation, Pain

Dr. Mohamed Khaled- Hartford Hospital

- Dr. Chris Connor- Uconn
- Dr. Lange St. Francis Medical Center
- Dr. Raymond- private practice
- Dr. William Pesce- Hospital for Special Care
- Dr. Fingold- Bloomfield, CT- Private practice

Urology

- Dr. Kathyrn Wagner
- Dr. Kershen- Hartford Hospital
- Dr. Foster- Yale
- Dr. Albertson- Uconn Health
- Dr. Brook Harnisch- Uconn
- Dr. Stanton Honig- Uconn

Hospital of Central CT, Midstate Medical Center, Hartford Hospital Middlesex Wound Care Clinic St Francis Wound Care Clinic

OB/Gynecologist

Dr. Adine Regan- Female sexual dysfunction, urology, UTI

Psychology Services Dr. Tim Bellvue- Yale

Orthotics/Prosthetics

Hanger New England Ortho/Prosthetics- Dave Motycka

VERTERBRAL COLUMN

Cervical spine

C 1

C 2

C 3

C 4

C 5

C 6

C 7

L1

L 2

L 3

L4

L 5

S 1

S 2

Atlas
Axis
3. Cervical vertebrae
4. Cervical vertebrae
5. Cervical vertebrae
6. Cervical vertebrae
7. Cervical vertebrae

Head - Brain - Inner and Middle Ears Auditory Nerves - Sinuses - Eyes - Tongue Teeth - Cheeks - Outer Ears Nose - Mouth - Lips - Eustachian Tubes Pharynx - Vocal Cords Shoulders - Neck - Tonsils Thyroids - Elbows

Thoracic spine

ſh 1	1. Thoracic vertebrae
۲h 2	2. Thoracic vertebrae
Гh З	3. Thoracic vertebrae
Γh 4	4. Thoracic vertebrae
Γh 5	5. Thoracic vertebrae
Γh 6	6. Thoracic vertebrae
Γh 7	7. Thoracic vertebrae
Гh 8	8. Thoracic vertebrae
Гh 9	9. Thoracic vertebrae

Trachea - Esophagus - Lower Arms - Fingers Heart Lungs - Chest - Breast Gall Bladders Liver - Blood Circulation - Solar Plexus Stomach Pancreas - Duodenum Spleen Adrenal Glands

Th 10 10. Thoracic vertebraeTh 11 11. Thoracic vertebraeTh 12 12. Thoracic vertebrae

Kidneys Ureters Small Intestines - Lymph Circulation

Lumbar spine

Lumbar vertebrae
Lumbar vertebrae
Lumbar vertebrae
Lumbar vertebrae
Lumbar vertebrae

Large Intestines - Inguinal Region Abdomen - Appendix - Upper Legs Bladder - Sex Organs - Knees Sciatic Nerves - Prostate Gland Lower Legs - Feet

SacrumHip Bones - ButtocksCoccyxRectum - Anus

SPONSORS

USA Mechanical Plumbing, Heating, & Cooling <u>https://usamech.com/</u>

Advanced Wheels Vehicle Modifications <u>https://www.advancedwheels.com</u>

Mobility Works Vehicle Modifications <u>https://www.mobilityworks.com/</u>

National Seating & Mobility Mobility Solutions









https://www.nsm-seating.com/

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